

Combining proteomics and metabolomics to identify signatures protective of neurological consequences of post-acute SARS-CoV-2 infection



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Introduction

Post-acute sequelae SARS-CoV-2 (PASC) is an emerging public health concern with heterogeneous manifestations. Among PASC symptoms, long-term **neurological manifestations** are particularly debilitating. Their molecular underpinning remains poorly understood. Here, we combined **proteomics** and **metabolomics** to address this issue.

Aims

Finding **meaningful biomarkers** that explain **neurological PASC** by *integrating* different omics modalities

Methods

Proteomic and **metabolomic** data were generated for **1,234 individuals** from the **BioBanque Québécoise de la COVID-19 (BQC19)**, which followed COVID-19 patients over two years. After quality control, **4,984 proteins** and **943 metabolites** were retained for analysis. Using **689 clinical entries** from the BQC19, we defined **broad neurological PASC (BNP)** as individuals that were **COVID-19 positive with PASC symptoms 28 days after the first symptom onset and having answered yes to any conditions related to neurological manifestations**. **Controls** were defined as **all COVID-19 positive individuals that were not cases**. **Single biomarker logistic regression models** while adjusting for age and sex to determine the association of each protein or metabolite with BNP. **L1 regularized logistic regression (LASSO) models** were trained to predict BNP using ten repeats of five-fold cross-validation to select optimal hyperparameters. **Multi-Omics Factor Analysis (MOFA)**, a versatile and statistically rigorous generalization of PCA that produces an interpretable low-dimensional representation of the original data was used to generate latent factors. We queried the **Human Metabolome Database (HMDB)** for neurological PASC-associated proteins and metabolites to determine whether these biomarkers were within the same pathway or associated with one another.

Reference: Argelaguet, R. et al. Multi-Omics Factor Analysis—a framework for unsupervised integration of multi-omics data sets. *Molecular Systems Biology* 14, e8124 (2018).

Results

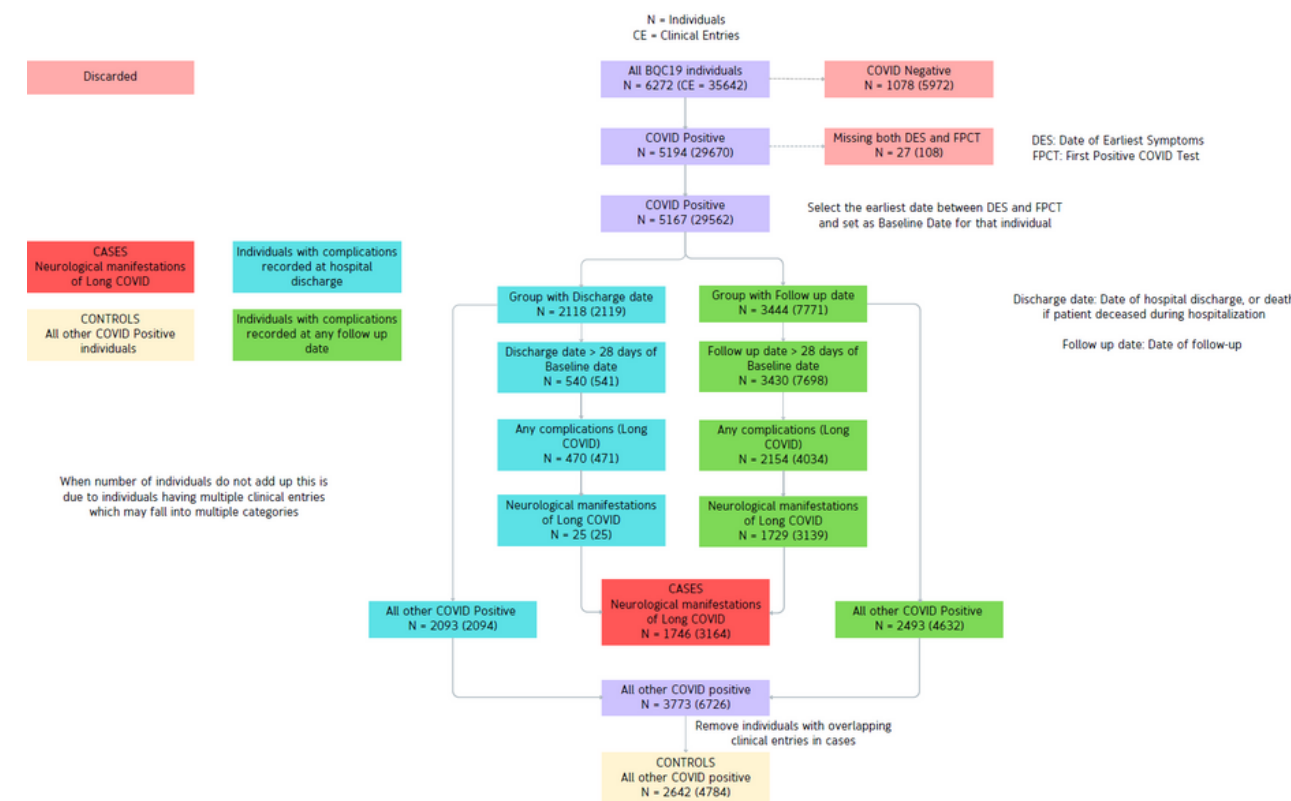


Figure 1. Flowchart showing how neurological PASC cases and controls were defined starting from Biobanque Québécoise de la COVID-19 (BQC19) data.

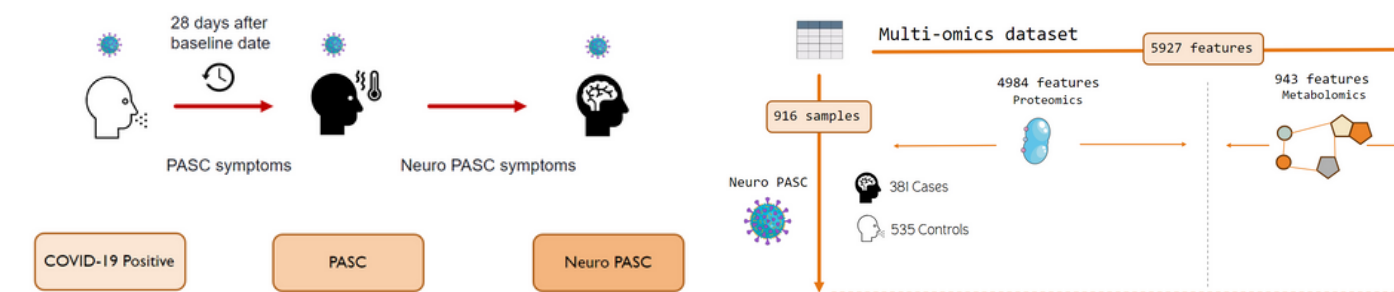


Figure 2. Cartoon diagram showing the definition of neurological PASC starting from COVID-19 positive individuals. We removed individuals that never had a positive COVID-19 test leaving only individuals that tested positive for COVID-19 at some time point. For each individual, we used the earliest date between the date of earliest symptoms (DES) or their first positive covid-19 test date (FPCTD) as the baseline date.

Figure 3. Schematic showing the multi-omics neurological PASC dataset which contains 381 BNP cases and 535 controls with both proteomics and metabolomics measurements.

	FDR significant biomarkers
Proteomics (N = 4,984)	1,416
Metabolomics (N = 943)	158

Model Type	Features	Selected Features	Selected Lambda	Average AUC over validation folds
Baseline Model	Age, sex	2	10	59.1%
Protein Model	Age, sex, 4984 proteins	40	31.62	63.7%
Metabolite Model	Age, sex, 943 metabolites	82	17.78	62.8%
Omics Model	Age, sex, 4984 proteins, 943 metabolites	49	31.62	63.0%

Table 1. Single-modality biomarker association results showing the number of false discovery rate (FDR) significant biomarkers after logistic regression (Neuro PASC ~ age + sex + single biomarker). Significance threshold was set to FDR $p < 0.05$.

Table 2. L1 regularized logistic regression results suggest that neurological PASC is difficult to predict even with proteomics and metabolomics

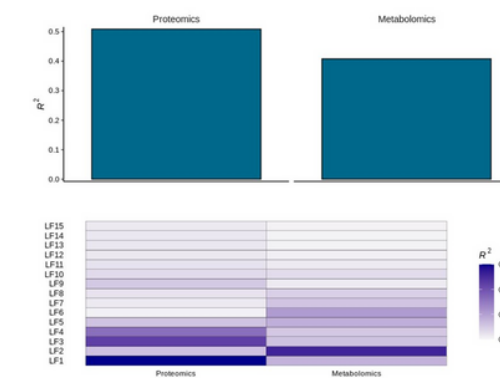


Figure 4. Multi-omics factor analysis (MOFA) identified 9 latent factors (LFs) when setting a minimum explained variance of 2% in at least one data type. The first 5 LFs were present in both omics types, indicating broad roles in multiple molecular layers. LFs 6-9 were specific to a single data modality. Cumulatively, the 9 factors explained 45% of the variation in the proteomics data and 35% in the metabolomics data.

Figure not shown. We identified phosphatidylethanolamine-binding protein 1 (PEBP1) as being protective against BNP (OR (95% CI) = 0.76 (0.66-0.87), FDR $p = 0.002$). Interestingly enough, previous studies suggested downregulation of PEBP1 may lead to Alzheimer's disease. Moreover, PEBP1 functions as an enzyme for 1-palmitoyl-2-docosahexaenoyl-GPE, a phosphatidylethanolamine (PE) whose impairment may lead to neurodegenerative disorders, which is concordant with our finding that increased circulating PE is associated with decreased neurological PASC risk (BNP: OR (95% CI) = 0.78 (0.68-0.90), FDR $p = 0.01$).

Conclusion

Here, we used an integrative bi-omics approach combining proteomics and metabolomics to provide new insight into the pathophysiological mechanisms underlying neurological PASC risk which, possibly, could point to new ways to treat this condition.

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